## A Thanksgiving Prayer

by Chris Moore / Originally published in Spirit Journal November 2016

Chris Moore serves as a chaplain at the St. Alexius Medical Center in Hoffman Estates. Recently, while walking in nature following a period of Centering Prayer, she was inspired to write this prayer of gratitude and to share it with her co-workers at the hospital as a Thanksgiving offering. We hope that Chris's thoughtful words will add depth and meaning to your appreciation of Thanksgiving, as well.

Dear God,

It is with heartfelt gratitude and thankfulness that we ask for Blessings this day.

You have put us in positions of trust to help, heal and comfort through our hands and hearts that are the human touch of your love. May we bring hope, joy and compassion to all we meet and care for.

We give you thanks for our work, our co-workers and our families.

May we never be far from your Grace and Mercy.

Amen