



CONTEMPLATIVE OUTREACH CHICAGO

With Grateful Hearts: Personal Reflections on the Spiritual Journey

A Weekend Retreat to Deepen
the Contemplative Dimension of Life

Retreat guide ***Shawn Kafader***

February 24-26, 2017

(Begins with Supper on Friday at 6:00 PM;
ends after Lunch on Sunday)

The Portiuncula Center for Prayer
9263 West Saint Francis Road
Frankfort IL 60423

*The two nearest rail stations to "The Port" are
Hickory Creek (Rock Island Line) and Matteson (Metra Electric Line)*

Sponsored by Contemplative Outreach of Chicago

The 2017 Winter Retreat will explore the classic stages of the spiritual journey as reformed by Thomas Merton. Those present will be offered opportunities to reflect on the people, places and events that have served as personal invitations for spiritual transformation, fostering a grateful heart of thanks toward God.

What can I expect on this retreat?

Registration and room check-in at "The Port" begin at 4 PM on Friday. Dinner is served at 6. The retreat begins at 7.

This is primarily a silent communal retreat punctuated with small conferences and some time for optional sharing. Saturday meals will be in silence.

Mass is available on-site on Sunday morning with our hosts, the Franciscan Sisters of the Sacred Heart, across from the Port. Sunday will include an hour of Centering Prayer in common, a communal healing liturgy and an evaluation period.

Each Lodger will have a private room with a desk, sink, bed, comfortable chair and closet. The showers and toilets are located off the hallways. Commuters will have access to many quiet spaces and comfortable lounge chairs spread throughout the Port.

What do I need to bring?

You may wish to bring your personal copy of the scriptures, although each room in the Port has a copy of the scriptures in it. Other useful items: (1) an alarm clock, and (2) if you normally use something other than a chair for your centering prayer periods, then bring what you use so that your prayer periods will be physically comfortable.

Wear comfortable clothes and shoes. St. Francis Woods, the property surrounding the retreat center, has many walking trails both paved and unpaved, in an attractive park with an inviting forest and creek.

Who is the guide for the retreat?

The Rev. Dr. Shawn Kafader, D. Min., LCPC is an ordained non-denominational minister and Licensed Clinical Professional Counselor. Shawn enjoys offering contemplative retreats and workshops in the Chicago area as well as nationally and is a commissioned workshop presenter for Contemplative Outreach. Currently Shawn ministers as Chaplain and Clinical Supervisor at Friendship Village of Schaumburg, Schaumburg, IL.

Prerequisite?

Please have a regular practice of Centering Prayer before registering for this retreat.

Winter Weekend Retreat

February 24-26, 2017 // 6:00PM Friday – 2:00pm Sunday

Registration Form – Two Ways to Register:

___ **Lodger:** \$220 includes six meals, two nights lodging in a private room, and materials.

(Double occupancy \$200: please indicate your roommate_____)

___ **Commuter:** \$125 includes six meals, retreat common spaces, and materials.

Lodging is limited, so please register early to ensure overnight accommodations.

Your name: _____ Phone: _____

Address: _____

Town/City, State, Zip: _____

Email: _____

Please register early. This retreat is likely to sell out. Scholarship financial assistance is available. Contact registrar for more information.

Please make your check payable to Contemplative Outreach and mail it, along with this completed registration form, **to arrive no later than February 19**, to:

**Julianne Buenting
1554 East 65th Place #3
Chicago IL 60637**

(registrar-afw@centeringprayerchicago.org)

Or... Register online at
www.centeringprayerchicago.org
through February 19