

***Lectio Divina:***  
***Contemplative Prayer and Sacred Scripture***  
**A Weekend Contemplative Retreat**

**with retreat guides**  
***Bob Gordon and Ted Curtis***



**March 9 – 11, 2012**

**Begins with Supper on Friday at 6 PM**  
**Ends after Lunch on Sunday**

**The Portiuncula Center for Prayer**  
9263 West Saint Francis Road  
Frankfort IL 60423

*Transportation available to "The Port" from the two nearest rail stations:  
Hickory Creek (Rock Island Line) and Matteson (Metra Electric Line)*

**Sponsored by**  
**Contemplative Outreach**  
**of Chicago**

**TWO WAYS TO REGISTER**

**Lodger:** 2 nights lodging and six meals.  
(6 PM Friday – 2 PM Sunday)

**Commuter:** no lodging, six meals  
(6 PM Friday – 2 PM Sunday)

***What can I expect on this retreat?***

*Registration and room check-in at "The Port" begin at 5 PM on Friday. Dinner is served at 6. The retreat begins at 7.*

*Lectio Divina* is the ancient Christian practice of praying contemplatively with the Holy Scriptures. It is a companion practice to centering prayer. Saturday will include two hours of Centering Prayer in common, three conferences on *lectio*, and solitary time.

Retreat guides will be available to speak privately with any who wish it.  
The meals are cafeteria style. Saturday meals will be in silence.  
Mass is available on-site on Sunday morning with our hosts, the Franciscan Sisters of the Sacred Heart, across from the Port.

Sunday will include an hour of Centering Prayer in common, a communal healing liturgy and an evaluation period.

### ***What do I need to Bring?***

PLEASE BRING YOUR BIBLE FOR PERSONAL PRACTICE OF LECTIO. Other useful items: (1) an alarm clock, and (2) if you normally use something other than a chair for your centering prayer periods, then bring what you use so that your prayer periods will be physically comfortable.

Wear comfortable clothes and shoes. St. Francis Woods, the property surrounding the retreat center, has many walking trails both paved and unpaved, in an attractive park and an inviting forest leading to a babbling brook.

Each Lodger will have a private room with a desk, sink, bed, comfortable chair and closet. The showers and toilets are located off the hallways. Commuters will have the many quiet spaces and comfortable lounge chairs spread throughout the Port.

You may wish to bring art materials or a journal with which to reflect on what is happening within your mind and heart during out time together.

### ***Who are the guides for the retreat?***

Bob Gordon, D. Min. is Director of Religious Education at St. Catherine of Alexandria School and Parish. He is the past coordinator of the Chicago Chapter of Contemplative Outreach and a trained presenter of the method of *lectio divina*.

Ted Curtis is the pastor of Grace Episcopal Church in Chicago and a commissioned presenter of the method of centering prayer.

### ***Are there prerequisites for this retreat?***

Please have a regular practice of centering prayer before registering for this retreat.

## Registration Form

### Weekend Contemplative Retreat March 9 – 11, 2012

\_\_\_ **Lodger:** \$212 includes 6 meals, two nights lodging in a private room, and materials. \$172 is for "The Port Center for Prayer"; \$40 for "Contemplative Outreach Chicago."

\_\_\_ **Commuter:** \$120 includes 6 meals and materials (no room, but access to the entire retreat center). \$80 is for "The Port Center for Prayer"; \$40 for "Contemplative Outreach Chicago."

If paying in full, please make two checks as above. One to "The Port" and a \$40 check to "Contemplative Outreach Chicago." MAIL ALL CHECKS TO THE REGISTRAR BELOW.

(✓ choose one of the above)

---

Name

---

Address

---

Phone

---

Email Address

\_\_\_ \$40 non-refundable deposit by Jan. 30, 2012  
Balance due by Feb 18, 2012.

**Lodging is limited, so please register early to ensure overnight accommodations.**

Please make two checks. One is for accommodations and the other for the retreat. You can send both together if paying in full.

Make Deposit Check Payable to *Contemplative Outreach Chicago* and mail to  
Penny Jaworski  
900 Center Street, Unit 1-A  
DesPlaines, IL 60016  
[pennyjaworski@aol.com](mailto:pennyjaworski@aol.com) / 847-375-9291

Limited financial assistance is available. Contact registrar for more information.